

5A (23) Minnie Li

Title: A once-in-a-lifetime experience

Have you watched a TV show about five strangers living in a jungle together for a month? If you have watched it then you might find me on that TV show as one of the participants.

Recently I participated in a TV show about living in a jungle with strangers because I wanted to challenge myself and to know whether I could live without my parents' help. Before I joined the TV show, I was a spoiled daughter who never did housework and couldn't even cook at all. However, I realized that I couldn't rely on my parents all the time. I wanted to be an independent person and so I joined the TV show.

At first, I thought it wouldn't be hard living in a jungle until I found we had to cook by ourselves. In that whole month, I lived with two girls and two boys. Luckily, they are all easy-going so we became friends instantly. We fed on wild fruits and if we wanted to take a shower, we had to walk for miles to the river. Living had always been hard in the jungle but we all endeavoured to do our best and stop arguing for the things that were trivial because we didn't want to disappoint our families.

Through this experience of living in a jungle, I have changed my point of view towards life. Before I joined this TV programme, I thought my life was great because I had my parents beside me and I didn't have to face failure. However, after I have joined the programme, having faced many failures, I became more open-minded and I started to accept things that couldn't be changed.

At first, I didn't want to have my life filmed because I thought people would laugh at me if they saw how useless I was when I was in the jungle and I wanted to give up. However, I didn't want to disappoint my family so I just let it go. Since I have become more open-minded, now I don't care about having my life filmed and I am glad that they filmed it as it can educate people to strive for their goals instead of giving up because we will always face failure in our life. However, with perseverance and determination, we will succeed in the end.

Participating in the TV programme was a life-changing decision for me. I have never regretted making this decision as it changed my point of view towards life. I have become an open-minded and optimistic person. Participating in the TV programme is a once-in-a-lifetime experience.